

HILLSIDES MENU FOR THE WEEK OF AUGUST 14-20, 2017

Menu 4D

	MONDAY	Port Size	TUESDAY	Port Size	WEDNESDAY	Port Size	THURSDAY	Port Size	FRIDAY	Port Size	SATURDAY	Port Size	SUNDAY	Port Size
B R E A K F A S T	WG French Toast Sticks	4 ea	Breakfast Scramble	1 ea	Blueberry Pancake	1 ea	WG Bagel	1 ea	Turkey Ham Breakfast	1 ea	Cold Cereal	¾ c	Cold Cereal	1 ea
	Turkey Links	2 ea	WG Tortilla	1 ea	Turkey Links	2ea	Cream Cheese	1oz	Wrap	1 ea	Whole Wheat Toast	2 sl	Whole Wheat Toast	1 ea
S N A C K	Fresh Fruit	1 ea	Fresh Fruit	1 ea	Trail Mix	1 oz	Fresh Fruit	1 ea	Granola Bar	1 ea	Fresh Fruit	1 ea	Fresh Fruit	1 ea
L U N C H	Teriyaki Chicken	1 c	Cajun Chicken	1 ea	Sweet & Sour	4 ea	Pork Carnitas	2 oz	Crispy Chicken Salad	1 cup	Pineapple Chicken	6 oz	Spaghetti &	1 cup
	Noodle Bowl	½ c	Thighs	1 ea	Meatballs	4 ea	Spanish Rice	½ c	Fruit Salad	½ c	Lo-Mein Noodles	½ c	Meatballs	1 cup
S N A C K	Fresh Fruit	1 ea	Fresh Fruit	1 ea	Fresh Fruit	1 ea	Roasted Peanuts	1 oz	Fresh Fruit	1 ea	Fresh Fruit	1 ea	Fresh Fruit	1 ea
D I N N E R	BBQ Chicken Pizza	1 ea	Beef Lasagna	1 ea	Aloha Pizza	1 ea	Philly Cheese Steak	1 ea	Smothered Pork Chop	1 ea	Honey Glazed Chicken	1 ea	Chicago Style Hot	1 ea
	Triple PB&J	1 ea	Hot Dog	1 ea	Italian Hero Wrap	1 ea	Chicken Salsa Wrap	1 ea	Tuna Salad Sub	1 ea	Mini Turkey Corn Dogs	1ea	Dog	1 ea

Milk Options: 1% Milk or Nonfat Chocolate Milk

This Institution is an Equal Opportunity Provider

Vegetarian & Alternative Options Offered Daily

Mixed Green Salad offered Daily for Lunch & Dinner